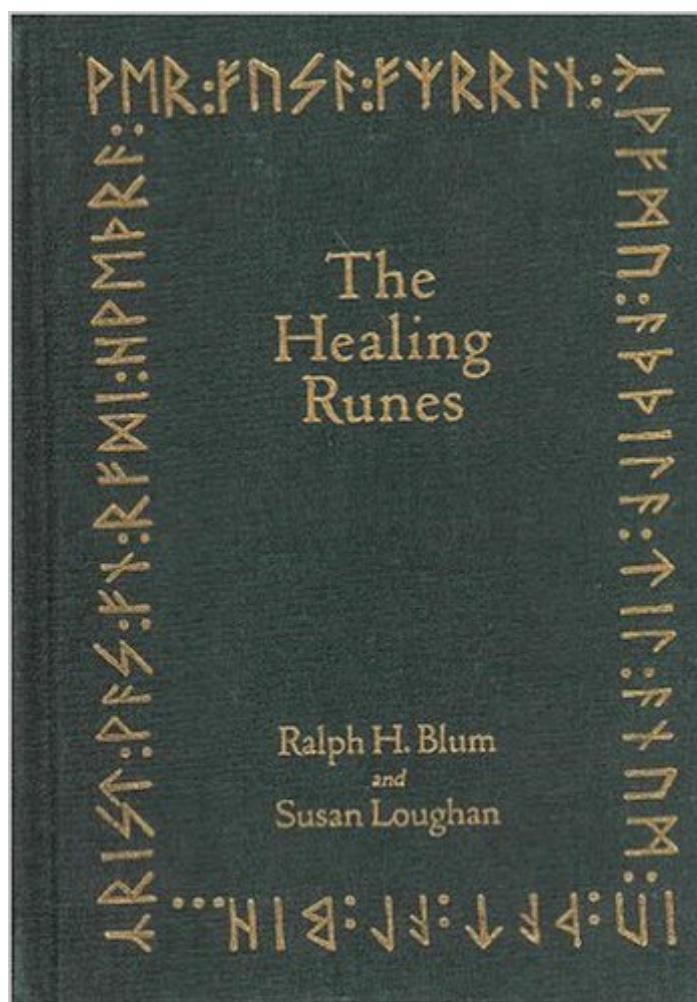


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# The Healing Runes - Loose Book: Tools For The Recovery Of Body, Mind, Heart, & Soul



## **Synopsis**

Since the beginning of recorded history, the oracular tradition has been associated with healing and with the Divine. For Ralph H. Blum, the journey toward spiritual and emotional healing began with the 1982 publication of The Book of Runes. Since then, millions of people have welcomed the inspiration, guidance and comfort found in his interpretation of an ancient Western Oracle-- the Runes. At this time in history, a recognition of the relationship between physical health and emotional well-being is crucial. Created specifically to support traditional forms of therapy, healing and recovery, as well as all Twelve Step programs, The Healing Runes offers a new interpretation of this sacred oracle for all those whose lives stand in need of healing. When you are feeling alone or afraid; when you are sick physically or emotionally; or when your best friend is away and you need sound advice-- put your hand in the bag and pick a Rune. And when you are full of joy and praise and gratitude-- pick a Rune. The Healing Runes provides comfort for the heart, ease for the body, peace for the mind and nourishment for the soul.

## **Book Information**

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## **Customer Reviews**

This is one of the most amazing books that I've ever read, without a doubt, THE HEALING RUNES ,HAS PROFOUNDLY CHANGED MY LIFE. Six months ago, I was brutally raped and felt my life would/could never be the same!!! For the first few weeks I was at the rape crisis center EVERY day. Then one day in a group discussion, I asked if anyone could suggest a book or books that might help me in beginning the long journey back. Three women said almost at the same moment---THE HEALING RUNES. I got a cold chill and when the group ended, headed for my local bookstore. From the moment I held it, I felt something from just from holding it. I know it sounds silly, but it's

true. Years ago, a friend had given me THE BOOK of RUNES, which I enjoyed for a number of years . At that point in my life I simply felt that I had outgrown it. I tucked it away until the recent event I mentioned earlier, AND THEN OUT OF HEAVEN'S GIFTS, A MOST CHERISHED FRIEND WOULD BECOME A PART OF MY LIFE----THE ! HEALING RUNES. WHAT AN AMAZING GIFT. WHEN I GOT HOME FROM THE BOOKSTORE I REACHED INTO THE VELVET BAG OF RUNE STONES, AND PICKED THE FIRST OF MANY RUNES THAT WOULD SET ME BACK ON COURSE. I picked the 14th Rune, the Rune of ACCECPTANCE. The first paragraph left me with tears streaming down my face, and the hairs on my arm standing up in profound understanding that this little green book, with it's beautiful stones and passages ,had, without knowing me, hit a bullseye!!!! The Rune of Acceptance said in the first paragraph, exactly what I needed to hear. "This is a Rune of major blessings, blessings received and blessings bestowed. Acceptance forms the foundation for loving yourself.

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